



# NGA AMERICAN INTERNATIONAL BODYBUILDING & FIGURE CHAMPIONSHIPS FLORIDA NATURAL CHAMPIONSHIPS SATURDAY, NOVEMBER 7, 2009

- ELIGIBLE:** Open to all natural amateur athletes who hold a current NGA card or may obtain membership on day of testing (cash only) for \$35.00. All classes are required to take a seven-year drug-free polygraph.
- PLACE:** CORAL SPRINGS CHARTER SCHOOL  
3205 North University Dr., Coral Springs, FL (Directions are on the back of this application.)
- TIME:** CONTESTANT CHECK-IN: 9:45 AM - PREJUDGING: 11:00 AM (**SHARP**)  
EVENING: SHOWTIME 6:00 PM - DOORS OPEN: 5:30 PM
- MUSIC:** Contestants must bring a cd or cassette tape preset to a maximum of 60 seconds. If tape is not set, the DJ will play substituted music. (Video taping is prohibited).
- AWARDS:** MEN & WOMEN OPEN CLASS TROPHIES: 1st five places each weight class & overall MASTERS, NOVICE, TEENS, COUPLES, AND FIGURE: 1st five places
- ENTRY FEE:** \$40.00 TO ALL CONTESTANTS/\$35.00 TO CROSSOVER (Payable to the NGA).
- TESTING FEE:** \$35.00 Payable by M.O. or cash to polygrapher on date of test. (See back for site.)
- DEADLINE:** Oct. 24, 2009 - Postmarked. \$30.00 – Penalty Fee. Promoter has the option not to accept late entries.

**INFO:** **(954) 344-8410**  
**SEND CHECK OR MONEY ORDER TO:** NGA, PO Box 970579, Coconut Creek, FL 33097-0579  
 www.nationalgym.com nga@nationalgym.com

	Check Box	<b>NGA AMERICAN INTERNATIONAL CHAMPIONSHIPS</b>
<b>PRO QUALIFIER MENS' OPEN</b>	( )	<input type="checkbox"/> LIGHTWEIGHT - TO 156 1/4 LBS. <input type="checkbox"/> MIDDLEWEIGHT - OVER 156 1/4 TO 172 1/4 LBS. <input type="checkbox"/> LIGHTHEAVYWEIGHT - OVER 172 1/4 TO 189 1/4 LBS. <input type="checkbox"/> HEAVYWEIGHT - OVER 189 1/4 LBS.
<b>PRO QUALIFIER WOMENS' OPEN</b>	( )	<input type="checkbox"/> LIGHTWEIGHT - TO 112 1/4 LBS. <input type="checkbox"/> MIDDLEWEIGHT - OVER 112 1/4 TO 122 1/4 LBS. <input type="checkbox"/> HEAVYWEIGHT - OVER 122 1/4 LBS.
<b>MEN MASTERS PRO QUALIFIER</b>		<input type="checkbox"/> 40-49 <input type="checkbox"/> 50-59 Grandmaster <input type="checkbox"/> 60+ Great Grandmaster
<b>WOMEN FIGURE PRO QUALIFIER</b>		<input type="checkbox"/> Height Classes to be Announced

	Check Box	<b>NGA FLORIDA NATURAL CHAMPIONSHIPS</b>
<b>NOVICE MEN</b>	( )	<b>NOVICE WOMEN</b> ( ) See back for rulings
<b>MASTER MEN</b>	( ) 35-39	<b>MASTER WOMEN</b> ( ) 35-44
<b>TEENS</b>	( ) 13-16	<b>COUPLES</b> ( )
<b>JUNIORS</b>	( ) 20-21	<b>NOVICE FIGURE</b> ( )

**NAME** \_\_\_\_\_ **AGE** \_\_\_\_\_ **DATE OF BIRTH** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_ **CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**E-MAIL** \_\_\_\_\_ **DAY #** \_\_\_\_\_ **EVENING #** \_\_\_\_\_

**GYM REPRESENTING** \_\_\_\_\_ **HGT.** \_\_\_\_\_ **WGT.** \_\_\_\_\_

**CONTEST PLACINGS**

WAIVER: IN CONSIDERATION OF YOUR ACCEPTING THIS ENTRY, I HEREBY INTEND TO BE LEGALLY BOUND FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, AND WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE NATIONAL GYM ASSOCIATION, INC. (NGA), CORAL SPRINGS CHARTER SCHOOL, SCHOOL BOARD OF BROWARD COUNTY, AND ANY AND ALL SPONSORS, AGENTS, REPRESENTATIVES AND ASSIGNS FOR ANY AND ALL INJURIES AND/OR LOSSES SUFFERED BY ME AS A RESULT OF MY PARTICIPATION AND/OR ATTENDANCE AT THE NGA 2009 AMERICAN INTERNATIONAL BODYBUILDING AND FIGURE CHAMPIONSHIPS AND THE NGA FLORIDA NATURAL CHAMPIONSHIPS, NOVEMBER 7, 2009

**SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

**SIGNATURE OF PARENT OR GUARDIAN (If under 18)** \_\_\_\_\_ **DATE** \_\_\_\_\_

## RULINGS

- A. The definition and rulings of a novice are:
1. a competitor that has **not** placed in the top 3 in an open division of any organization;
  2. a competitor that has **not** won 1st place in a novice division of any organization;
  3. a novice competitor **cannot** crossover to the open division and vice versa; and
  4. a master or couple **can** crossover into the novice **or** open division, but not both.
- B. This show entitles only the **overall class winners** in the open division to turn pro (5 competitors equal a valid class).
- C. Promoters have the option of canceling any class for an insufficient amount of competitors;
- D. Promoters have the option of splitting a division that has a total of 10 or more athletes. For example, if the teen division has 10 competitors, the Promoter can divide this class into two calling them "Teen "A" and "B". This division should be worked out as evenly as possible either by age, weight, or height. Promoters should look at all entry forms and decide which way to go. It is the Promoter's option whether or not to do an overall of "Teen A" and "Teen B".
- E. All athletes will be introduced to the audience at the evening show. Only the top five in each class will pose in the evening show.

### DIRECTIONS TO CORAL SPRINGS CHARTER SCHOOL

3205 North University Drive, Coral Springs, FL

**From Ft. Lauderdale Airport- Take I-95 North:** To Sample Road exit 39. West to University Drive. (Entrance is on Sample Road, behind Wachovia Bank)

**From Florida Turnpike:** To Sample Road exit 69. West to University Drive. (Entrance is on Sample Road, behind Wachovia Bank)

**From I-75N to Sawgrass Expressway:** Exit at University Drive (south) and proceed to Sample Road, make left. (Entrance is on Sample Road, behind Wachovia Bank).

### DIRECTIONS TO La QUINTA INN

3701 N University Dr, Coral Springs, FL 33065

(954) 753-9000 or (800) 531-5900

[www.laquinta.com](http://www.laquinta.com)

The cost is \$58.50 per room, per night, plus 11% tax. Room reservations must be made by Oct. 21th to reserve this price. Mention NGA bodybuilding group number 400 to get this reduced price. Rooms are limited so make your reservations today. Call (954) 753-9000 to make your reservations.

**POLYGRAPH TESTING:** Will be held November 6<sup>th</sup> at the LaQuinta Inn. Please call the NGA office (954) 344-8410 for a testing appointment beginning September 15th. Appointments will not be accepted until application and payment have been received. Failure to call for an appointment will jeopardize your entry into the American International or the Florida Natural Championships

**From Ft. Lauderdale Airport - Take I-95 North:** To Sample Rd exit 39. West to University Dr., turn right (north) 1½ blocks. Hotel is on the right.

**From Florida Turnpike:** To Sample Rd exit 69 . Exit, West to University Drive, turn right 1½ blocks. Hotel is on the right

**From Sawgrass Expressway:** Sample Road. Exit, East to University Drive, turn left 1½ blocks. Hotel is on the right.

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